



## A&D™ CROSSFIT MOTION DESK

Transform classrooms into active learning environments with on-demand height-adjustable sit-to-stand desks. With the simple squeeze of a hand lever, students can change the height of their desktops to their preferred level so they can work and collaborate in the way that is natural for them.

## THE DIFFERENCE

There's an innate difference when you specify Paragon Furniture. We're dedicated to designing safe and eco-friendly furniture that lasts. We are committed to complying with MAS Certified Green criteria and our products are assembled in the U.S.A.

### HEALTHLY

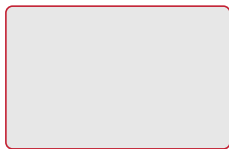
A stand up desk encourages healthy behavior that leads to physical and academic improvements. Better metabolic health leads to more alertness and engagement and promotes good posture and helps burn additional calories throughout the day.

### ERGONOMIC

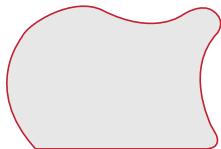
PrecisionHeight™ Technology lets students easily adjust the desk height for proper ergonomic head positioning, helping reduce neck strain from looking down at digital devices.

## FEATURES

### TOP SHAPE OPTIONS



Rectangular



KOI



### MOBILE

Casters easily roll to reconfigure classrooms for small-group breakouts; quickly return to full classroom configuration when done.

### FRAME

Flattened oval tube aluminum column with pneumatic lift and polished aluminum base with dual locking casters.

### HEIGHT-ADJUSTABLE

Desk height is easily changed by students using the hand lever: No need for staff to make adjustments or reconfigure desk before, during or after school hours.

### RECTANGLE WORK SURFACE WITH CUP HOLDER

Includes student-friendly features: a hook to hang a backpack; cup holder, tablet slot and pencil tray integrated into the work surface.

### BACKPACK HOOK

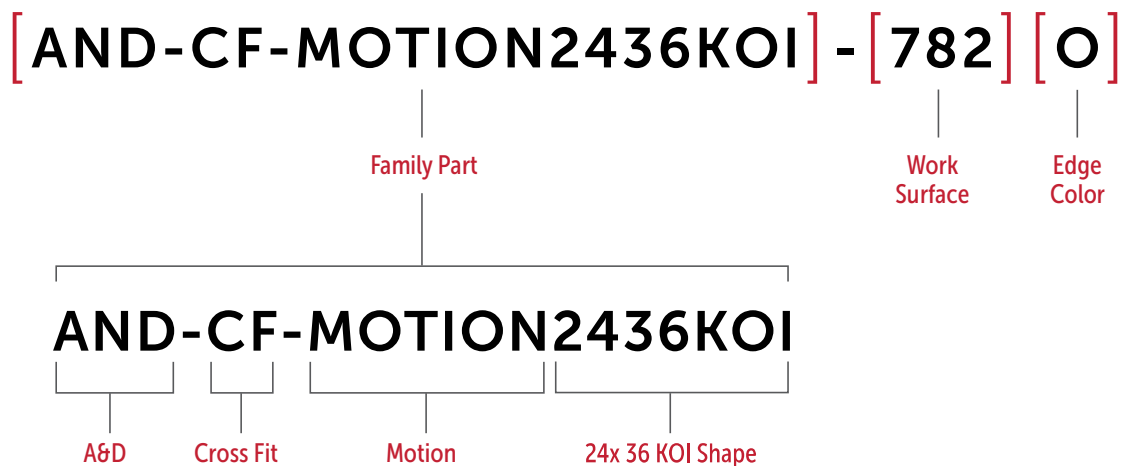
All desks include a hook to hang a backpack.



## CONFIGURING A MODEL NUMBER

Blow-molded plastic work surface is offered in rectangle shape with a tablet/cup holder and comes in Fashion Gray top with Cool Gray spray edge, and aluminum frame paint only.

Choose your family part. Refer to the price list for a list of Crossfit Motion Desk models. In this example, we used part **AND-CF-MOTION2436KOI-782-O**. The structure of this new part number can be broken up with parenthesis like this:

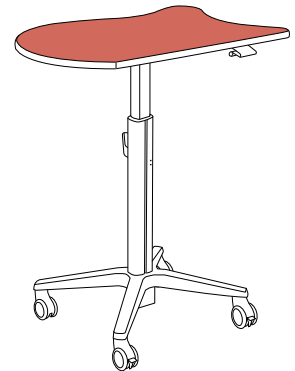


## COLOR & FINISH OPTIONS

### STEP 1 WORK SURFACE

















\*Color steps do not apply to blow-molded plastic top material option.

Use the number next to the laminate name as the key code for **STEP 1**



[ FAMILY ] - [ WORK ]  
[ PART ] [ SURFACE ]



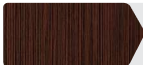





#### SOLID LAMINATE

 PARAGON RED (910)	 EARTH (185)	 FROST (918)	 CITADEL (303)
 MARS (743)	 STORM (770)	 NEUTRAL WHITE (123)	 NORTH SEA GRAY (535)
 CLEMENTINE (852)	 BLACK (900)	 FASHION GRAY (366)	 PLUM (736)
 ISLAND (229)	 COWBOY BLUE (976)	 FOLKSTONE (902)	 ORANGE GROVE (233)

#### WHITEBOARD LAMINATE

 FROST (189)
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#### WOOD GRAIN LAMINATE

 HIGH RISE (857)	 RIVER CHERRY (566)	 XANADU (110)	 WENG STRAND (150)
 KENSINGTON MAPLE (963)	 STUDIO TEAK (103)	 WHEAT STRAND (179)	 BURNT STRAND (400)

#### PATTERN LAMINATE

 WHITE NEBULA (215)	 CARBON EV (890)	 CLASSIC LINEN (155)	 NAVY LEGACY (985)
 CRISP LINEN (122)	 CITADEL WARP (511)	 EARTHEN WARP (119)	 GRAPHITE TWILL (531)
 WHASHI CRYSTAL (440)	 GRAPHITE NEBULA (994)	 DENIM TWILL (281)	 EARTHEN TWILL (161)
 GRAY NEBULA (102)	 WASHI PEWTER (441)	 CLOUD NEBULA (315)	 SARUM TWILL (242)
 PRESSED LINEN (858)	 NEUTRAL WEFT (112)	 TAILORED LINEN (859)	 NEUTRAL TWILL (306)



## NEW COLORS

















 MAGNOLIA (484)	 SUNNY SIDE UP (487)	 CANDY APPLE (479)	 NEON CARROT (485)
 MUSHROOM (430)	 NORI (486)	 CONCORD GRAPE (481)	
 BATTLESHIP (477)	 CATALINA (480)	 ASTER (476)	
 DRAGON FIRE (482)	 FRESH CUT (483)	 BLACKBIRD (478)	
 NATURAL GRAY FELT (490)	 ORANGE FELT (491)	 YELLOW FELT (443)	 BLUE FELT (488)
 GREEN FELT (489)			

## STEP 2 EDGE

Use the letter next to the color name as the key code for **STEP 2**

\*Edge color choice only applies to tops with High Pressure Laminate (HPL) - Rectangle or Koi.

[ FAMILY ] - [ WORK SURFACE ] [ EDGE COLOR ]

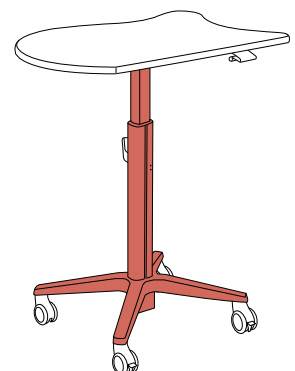
 FIRE TRUCK RED (A)	 VANILLA BLUE (E)	 PURPLE (P)	 BLUESCAPE (U)
 BLACK (B)	 GRASS GREEN (I)	 GREEN BEAN (Q)	 ORANGESICLE (X)
 MOD NAVY (C)	 GRAPHITE (M)	 GRAPPLE (R)	 LELLO (Y)
 COFFEE (D)	 COOL GRAY (O)	 TANG (S)	 WISDOM (Z)

## STEP 3 FRAME

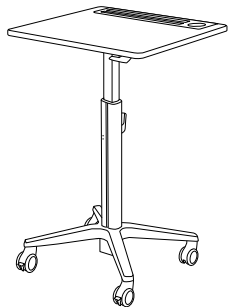
Use the letter next to the color name as the key code for **STEP 3**

[ FAMILY ] - [ WORK SURFACE ] [ EDGE COLOR ] [ FRAME COLOR ]

 ALUMINUM
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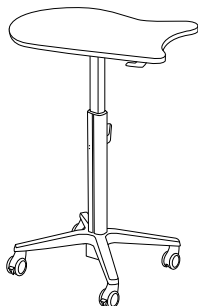
## MODEL NUMBERS & PRODUCT SPECS



### A&D® CROSSFIT MOTION DESK - RECTANGLE SURFACE

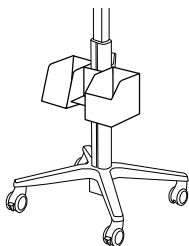
Model #	Width (in)	Depth (in)	Overall Height (in)	Weight (lbs)	Freight Class (Qty 1)
AND-CF-MOTION2224REC	24	22	29-45	35	85
AND-CF-MOTION2224REC-NC	24	22	29-45	35	85

NC stands for No Cup Holder



### A&D® CROSSFIT MOTION DESK - KOI SURFACE

Model #	Width (in)	Depth (in)	Overall Height (in)	Weight (lbs)	Freight Class (Qty 1)
AND-CF-MOTION2436KOI	36	24	29-45	35	85



### A&D® CROSSFIT MOTION DESK - ACCESSORIES

Model #	Width (in)	Depth (in)	Overall Height (in)	Weight (lbs)	Freight Class (Qty 1)
AND-CF-MOTION-CADDY	14.5	8	8	5	120