# SENSORY ERGONOMICS: ENHANCING STUDENT

# PERFORMANCE IN EDUCATIONAL SETTINGS

## **CEU COURSE OVERVIEW**

Sensory ergonomics refers to the study of how the physical environment and sensory experiences impact human well-being and performance. In an educational setting, the optimization of sensory experiences can significantly enhance student cognitive performance, leading to improved learning outcomes. This presentation aims to explore the concept of sensory ergonomics and its correlative relationship with improved student health, behavior, and cognition.

## **LEARNING OBJECTIVES**

#### Learning Objective 1: Visual Ergonomics

- Improved concentration & information retention
- Reduction of visual fatigue & strain
- Adaptive learning environments

#### Learning Objective 2: Auditory Ergonomics

- Enhanced focus & understanding
- Reduction of auditory fatique & stress
- Inclusion & accessibility

#### OLearning Objective 3: Thermal Ergonomics

- Optimized learning performance
- Reduced discomforts & distractions
- · Health & well-being

#### OLearning Objective 4: Ergonomic Furniture & Posture

- Enhanced concentration & engagement
- Prevention of long-term health issues
- Adaptable learning environments

#### OLearning Objective 5: Multisensory Learning

- Enhanced retention & understanding
- Catering to different learning styles
- Engagement & motivation



