



A&D™ CROSSFIT MOTION DESK

Transform classrooms into active learning environments with on-demand height-adjustable sit-to-stand desks. With the simple squeeze of a hand lever, students can change the height of their desktops to their preferred level so they can work & collaborate in the way that is natural for them.

THE DIFFERENCE

There's an innate difference when you specify Paragon Furniture. We're dedicated to designing safe & eco-friendly furniture that lasts. We are committed to complying with MAS certified green criteria & our products are assembled in the U.S.A.

TAKE A STAND

A stand up desk encourages healthy behavior that leads to physical & academic improvements. Better metabolic health leads to more alertness & engagement & promotes good posture & helps burn additional calories throughout the day.

ERGONOMIC

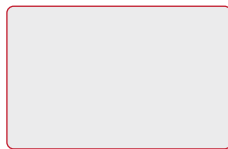
PrecisionHeight™ Technology lets students easily adjust the desk height for proper ergonomic head positioning, helping reduce neck strain from looking down at digital devices.

FEATURES

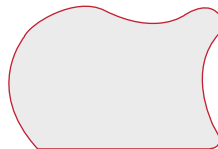
TOP SHAPE OPTIONS



Standard Top w/Tablet
Stand & Cup Holder



Rectangular



KOI



MOBILE

Casters easily roll to reconfigure classrooms for small-group breakouts; quickly return to full classroom configuration when done.

FRAME

Flattened oval tube aluminum column with pneumatic lift & polished aluminum base with dual locking casters.

HEIGHT-ADJUSTABLE

Desk height is easily changed by students using the hand lever; No need for staff to make adjustments or reconfigure desk before, during or after school hours.

RECTANGLE WORK SURFACE WITH CUP HOLDER

Includes student-friendly features; a hook to hang a backpack; cup holder, tablet slot & pencil tray integrated into the work surface.

SURFACE OPTIONS

Comes standard with a gray rectangle surface that includes a cup holder, tablet stand, & pencil slot. It can also be ordered with a smooth laminate rectangle or KOI shaped surface available in all our standard laminate colors. Laminate surfaces do not include cup holder, tablet stand, or pencil slot.

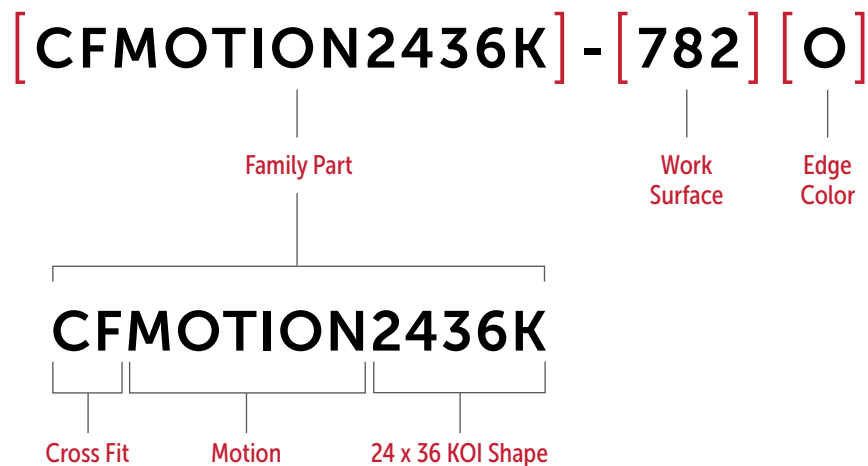
BACKPACK HOOK

All desks include a hook to hang a backpack.



CONFIGURING A MODEL NUMBER

Refer to the Model Numbers & Product Specs section for a list of all family part model numbers in this product line. Use the chart below as a reference for how to properly specify this product.



COLOR & FINISH OPTIONS

STANDARD SURFACE WITH CUP HOLDER

The surface that comes standard on the Crossfit Motion is only available in gray, & the following color steps do not apply. If ordering with a Rectangle Laminate or KOI Laminate surface, proceed to the steps below.



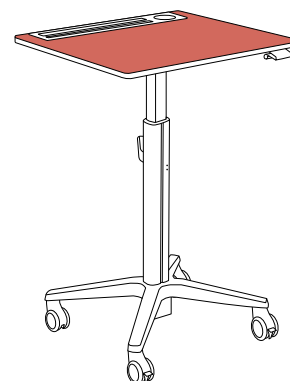
WORK SURFACE



EDGE COLOR



FRAME COLOR



STEP 1 WORK SURFACE

Use the number next to the laminate name as the key code for **STEP 1**

*Colors do not apply to units with cupholder.

[FAMILY] - [WORK SURFACE]

SOLID LAMINATE



PARAGON
RED (910)



EARTH
(185)



FROST
(918)



CITADEL
(303)



MARS
(743)



STORM
(770)



NEUTRAL
WHITE (123)



NORTH SEA
GRAY (535)



CLEMENTINE
(852)



BLACK
(900)



FASHION
GRAY (366)



PLUM (736)



ISLAND (229)



COWBOY
BLUE (976)



FOLKSTONE
(902)



ORANGE
GROVE (233)

WHITEBOARD LAMINATE



FROST
(189)

WOOD GRAIN LAMINATE



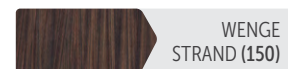
HIGH RISE
(857)



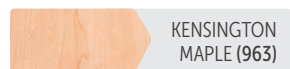
RIVER
CHERRY (566)



XANADU
(110)



WENG
STRAND (150)



KENSINGTON
MAPLE (963)



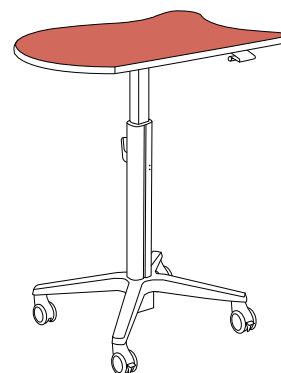
STUDIO
TEAK (103)



WHEAT
STRAND (179)



BURNT
STRAND (400)



PATTERN LAMINATE



NEW COLORS

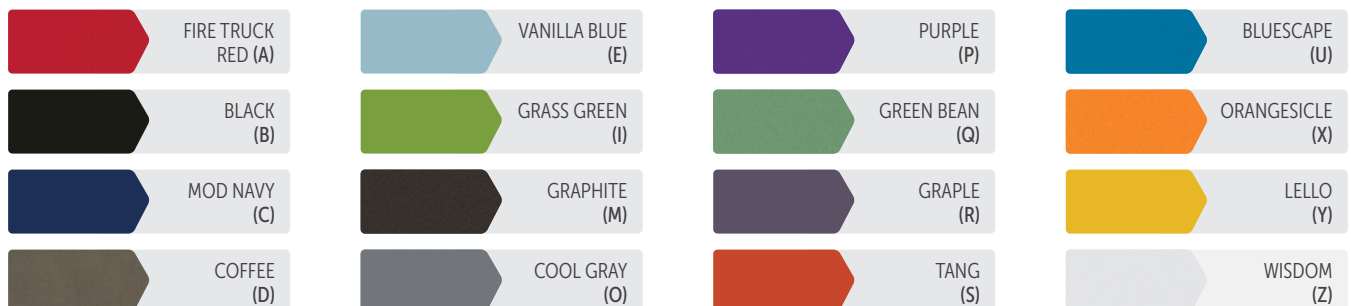


STEP 2 EDGE

Use the letter next to the color name as the key code for **STEP 2**

*Edge color choice only applies to tops with High Pressure Laminate (HPL) - Rectangle or Koi.

[FAMILY] - [WORK SURFACE] [EDGE COLOR]

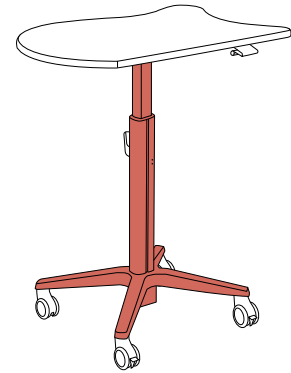


STEP 3 FRAME

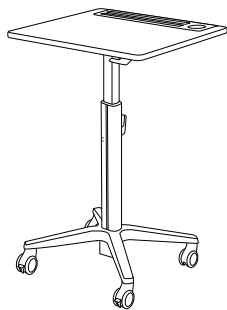
Use the letter next to the color name as the key code for **STEP 3**

[FAMILY] - [WORK] [EDGE] [FRAME]
[PART] [SURFACE] [COLOR] [COLOR]

ALUMINUM

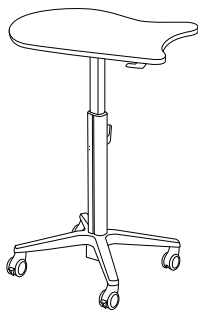


MODEL NUMBERS & PRODUCT SPECS



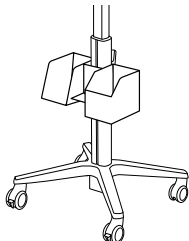
A&D® CROSSFIT MOTION DESK - RECTANGLE SURFACE

Model #	Width (in)	Depth (in)	Height (in)	Weight (lbs)	Freight Class (Qty 1)
CFMOTION2224R-CUP-366O	24	22	29 - 45	35	85
CFMOTION2224R	24	22	29 - 45	35	85



A&D® CROSSFIT MOTION DESK - KOI SURFACE

Model #	Width (in)	Depth (in)	Height (in)	Weight (lbs)	Freight Class (Qty 1)
CFMOTION2436K	36	24	29 - 45	35	85



A&D® CROSSFIT MOTION DESK - ACCESSORIES

Model #	Width (in)	Depth (in)	Height (in)	Weight (lbs)	Freight Class (Qty 1)
AND-CF-MOTION-CADDY	14.5	8	8	5	85